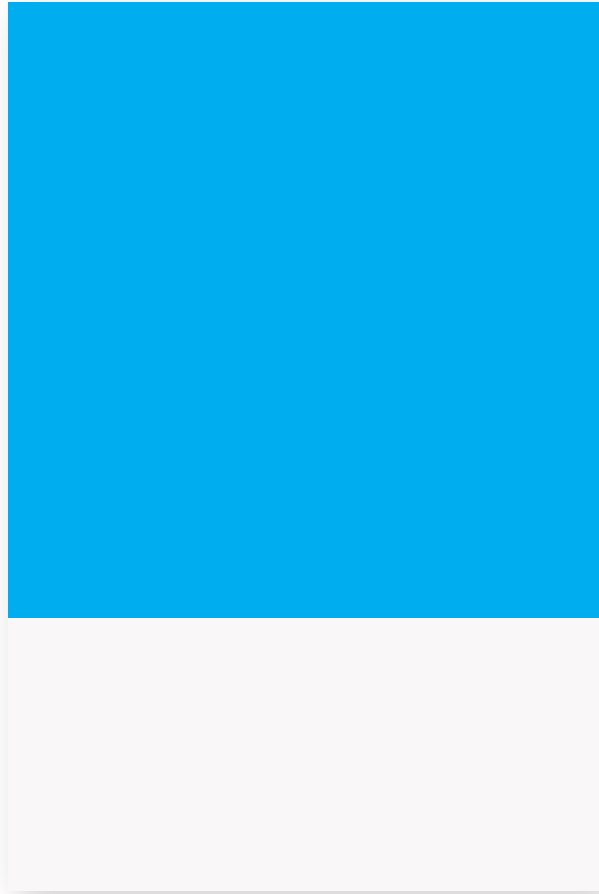


All About Me!

A get to know me portfolio about

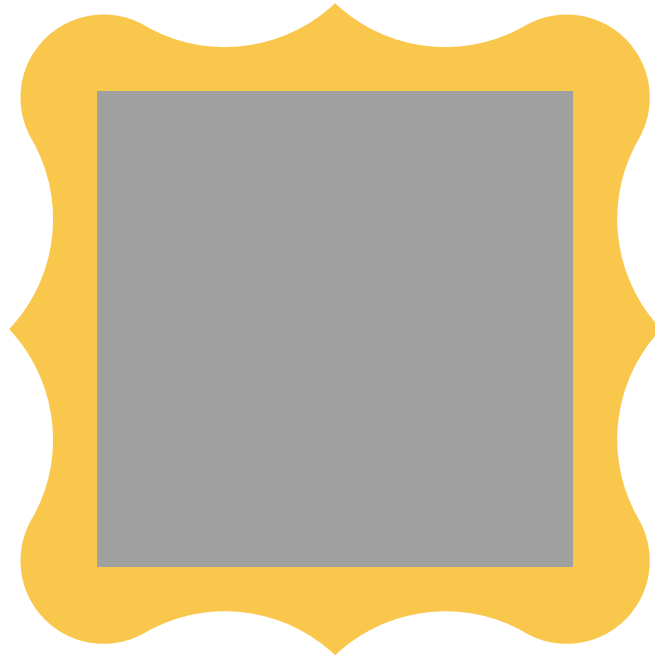


provided by



Special Education Committee

My Family



My family is very important to me. They know me best, so if you ever have any questions, please feel free to ask them.

My mom's name is: .

My dad's name is: .

I have brothers and sisters.

There names are: .

Other important people in my life are:

Name:

Relationship:

My Strengths

My learning style:



Visual



Tactile



Auditory

Communication:

A large, light blue rounded rectangle, likely a text input area for communication strengths.

Socialization:

A large, light blue rounded rectangle, likely a text input area for socialization strengths.

I'm also good at:

A large, light blue rounded rectangle, likely a text input area for other strengths.

Some of my interest...

Some activities I really enjoy:

Things that interest me:

Things I like to do in the community are:

My favorite way to be recognized when I'm doing well:

Transition Planning

Self-determination, having a say in the important decisions in your life, has been linked to better transition outcomes, such as better employment, independent living, recreation and leisure outcomes, better quality of life, and life satisfaction.

After I finish school, I plan to:

Careers that interest me are:

My abilities for employment are:

I would like to further my education by:



My dreams for my future are:

I have the following community supports in place:

- ☐ New Opportunities Waiver
- ☐ Children's Choice Waiver
- ☐ Supports Waiver
- ☐ Local Human Services Authority/District
- ☐ Social Security Income
- ☐ Social Security Disability Income
- ☐ Medicaid / Family Opportunity Act / TEFRA
- ☐ Medicare
- ☐ Louisiana Rehabilitation Services (LRS)

Life is full of transitions, and one of the more remarkable ones occurs when we get ready to leave high school and go out in the world. When a student has a disability, it's especially helpful to plan ahead for that transition. Below are some resources to guide you with the key elements of transitioning from high school to the adult world.

Transition to Adulthood -

<http://www.parentcenterhub.org/repository/transitionadult/#summary>

Transition Services & Planning -

http://www.advocacyla.org/tl_files/files/Publications/AC%20Transition%20Services.pdf

LRS Involvement in Student's Transition Plan for Employment -

http://www.advocacyla.org/tl_files/files/Publications/LRS%20Involvement%20in%20Transition.pdf

Legal Status in Louisiana - http://www.advocacyla.org/tl_files/publications/LegalStatus.pdf

Representation: Procuration and mandate -

http://www.advocacyla.org/tl_files/publications/Representation.pdf

Transition of Students With Disabilities To Postsecondary Education: Educator Guide

<http://www2.ed.gov/about/offices/list/ocr/transitionguide.html>

Think College - <http://www.thinkcollege.net/>

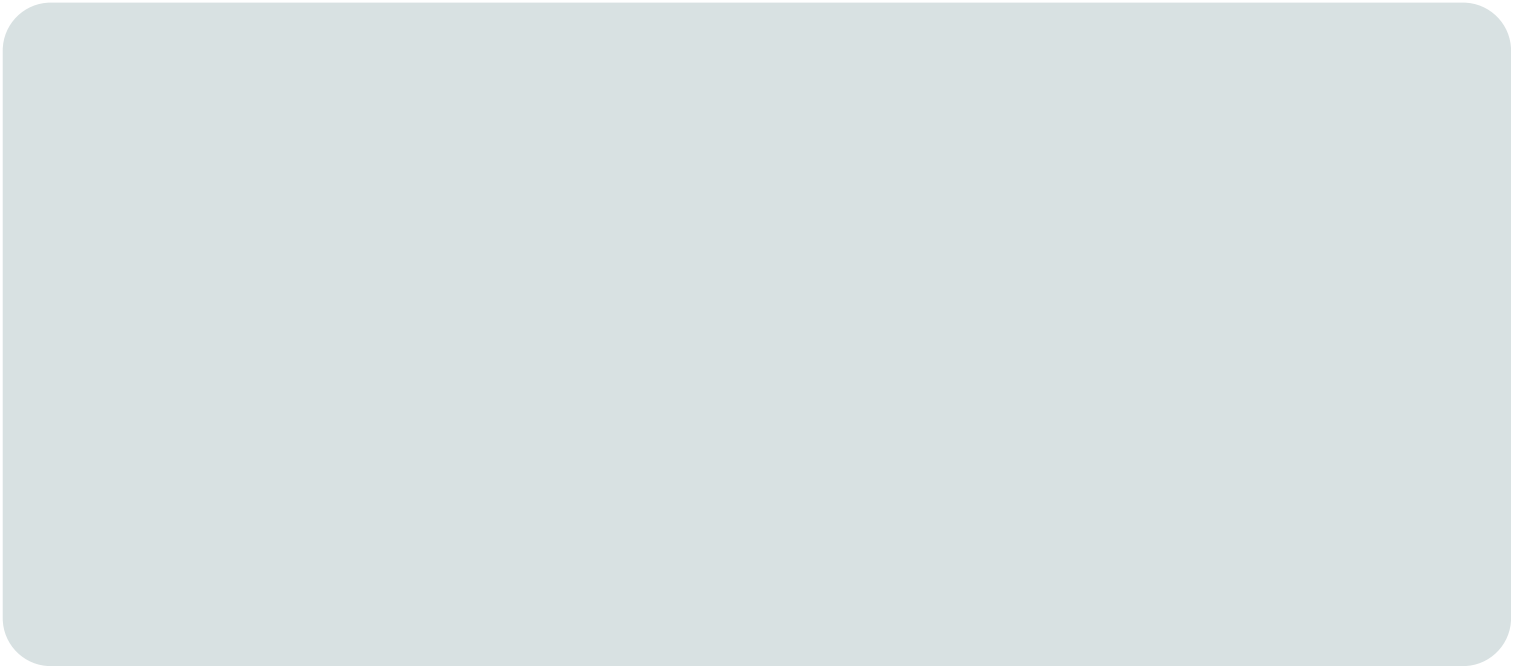
Social Security Benefits for Children with Disabilities - <http://www.ssa.gov/pubs/EN-05-10026.pdf>

What does Health Have to Do with Transition? Everything! -

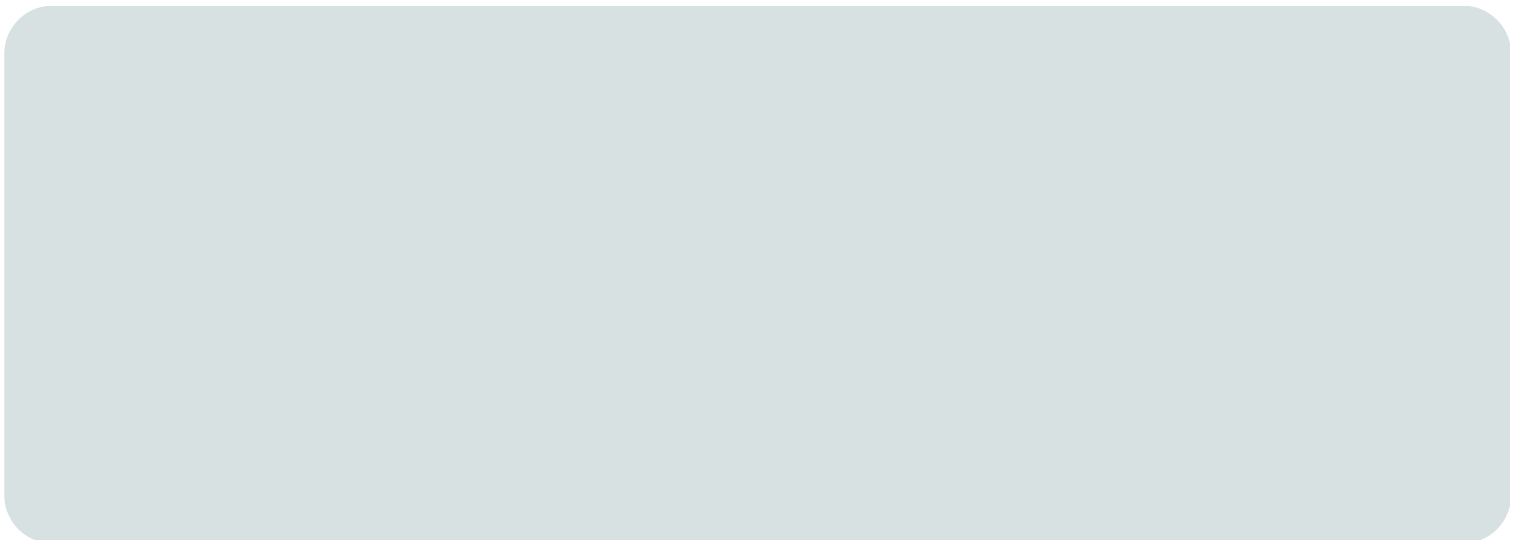
<http://www.ncset.org/publications/viewdesc.asp?id=2967>

Recent changes in my life

Change affects us all. For some of us change comes easily but for some of us, change comes with a little more effort. Here are some things that happened in my life recently that may affect how I feel:



Here are some ideas for how you can help me handle change when I may have a hard time doing it on my own

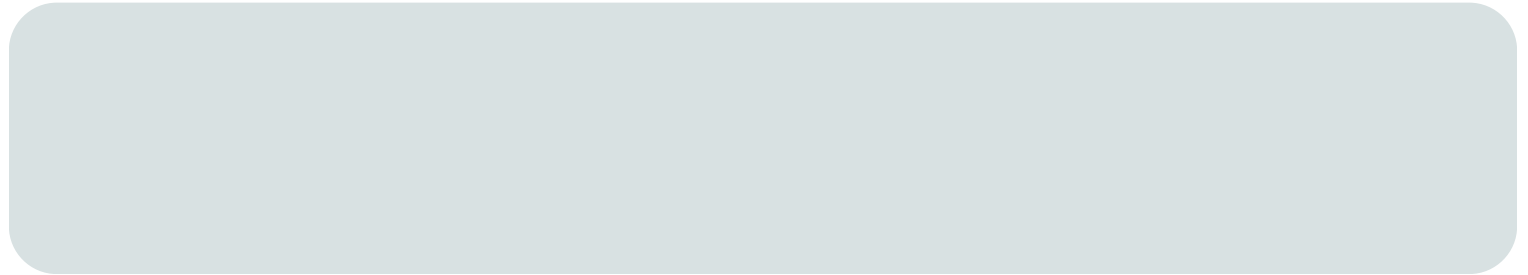


My Sensory Challenges are:

SOUNDS

I usually ____avoid ____seek ____no concern

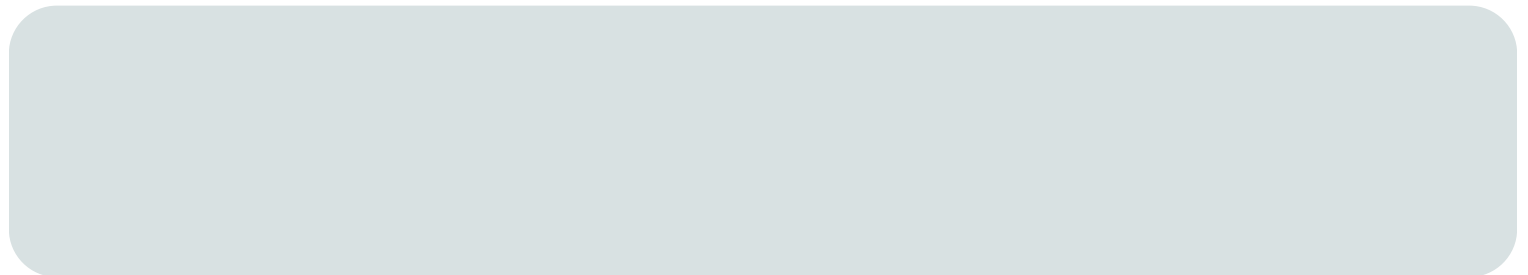
Comments:



SMELLS

I usually ____avoid ____seek ____no concern

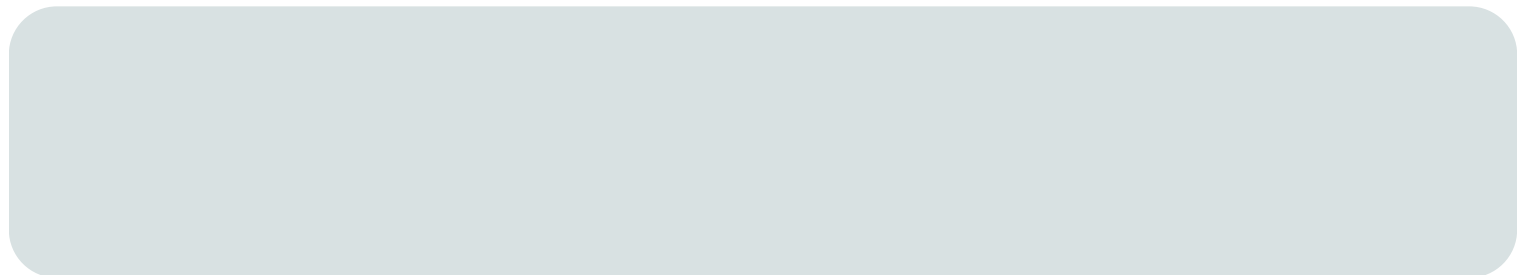
Comments:



TASTE

I usually ____avoid ____seek ____no concern

Comments:



My Self Care...

Dressing:

- ☐Independent
- ☐Needs Assistance
- ☐Working on Skills

Toileting:

- ☐Independent
- ☐Needs Assistance
- ☐Working on Skills

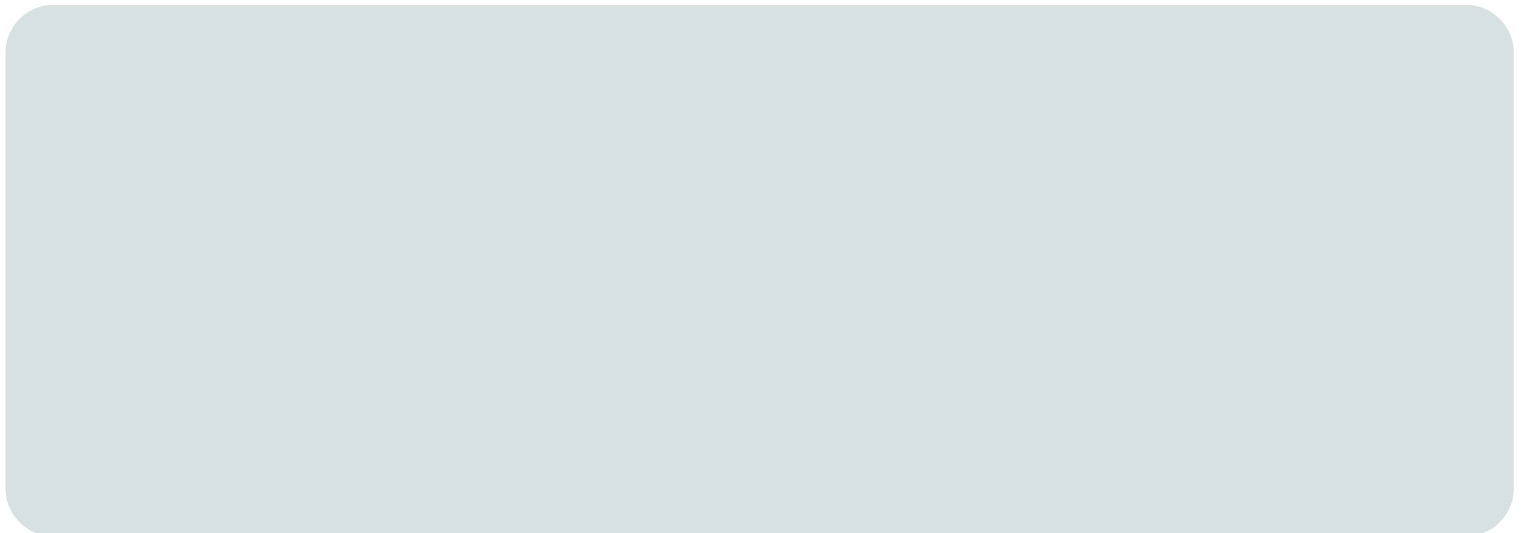
Eating:

- ☐Independent
- ☐Needs Assistance
- ☐Working on Skills

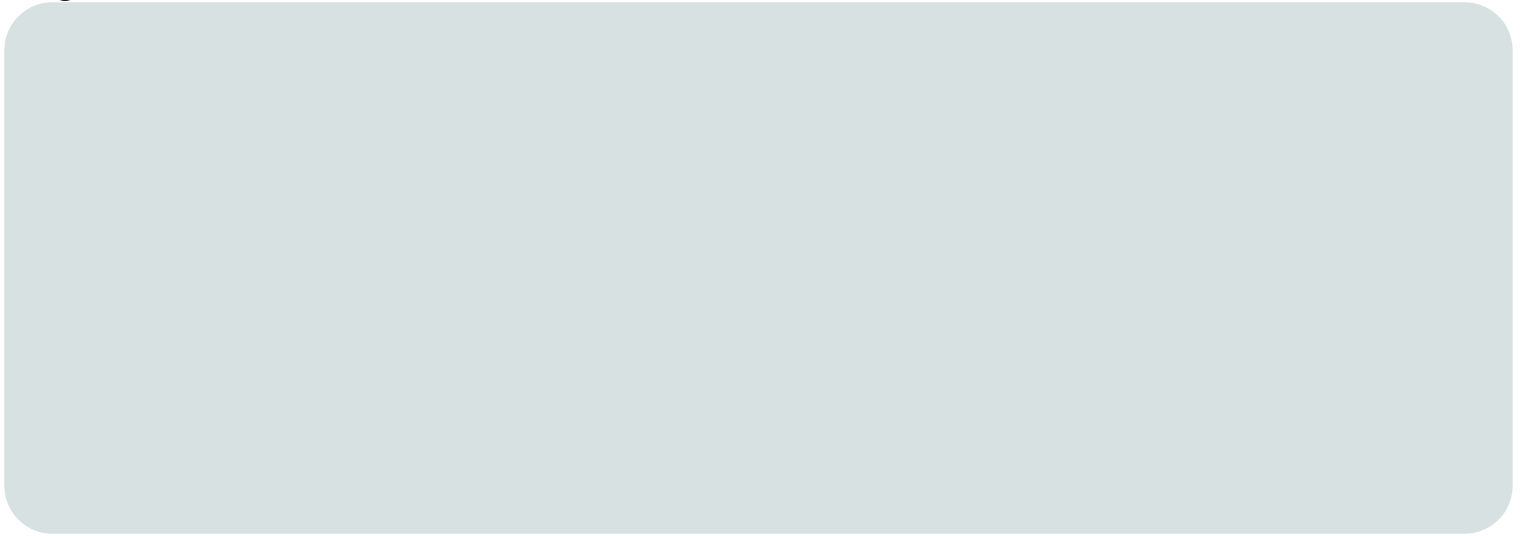
Handwashing:

- ☐Independent
- ☐Needs Assistance
- ☐Working on Skills

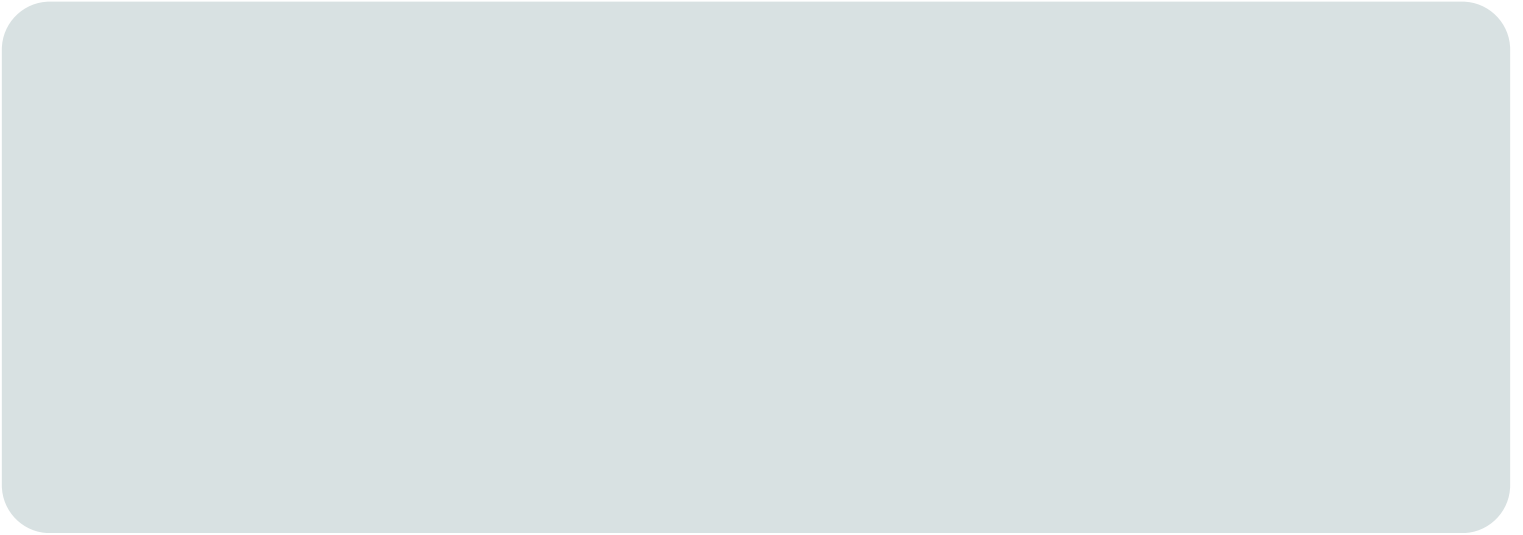
Some things you may need to know about my self care are:

A large, light blue rounded rectangular box with a thin white border, intended for the user to write their response to the prompt above.

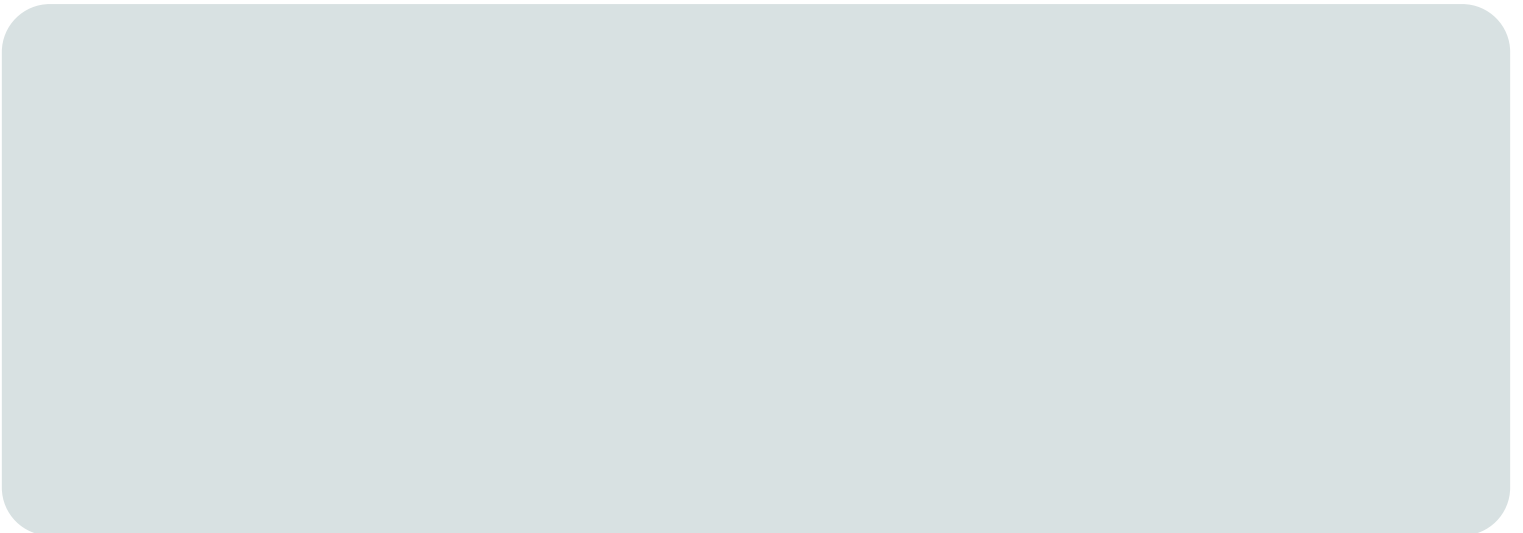
My fears are:



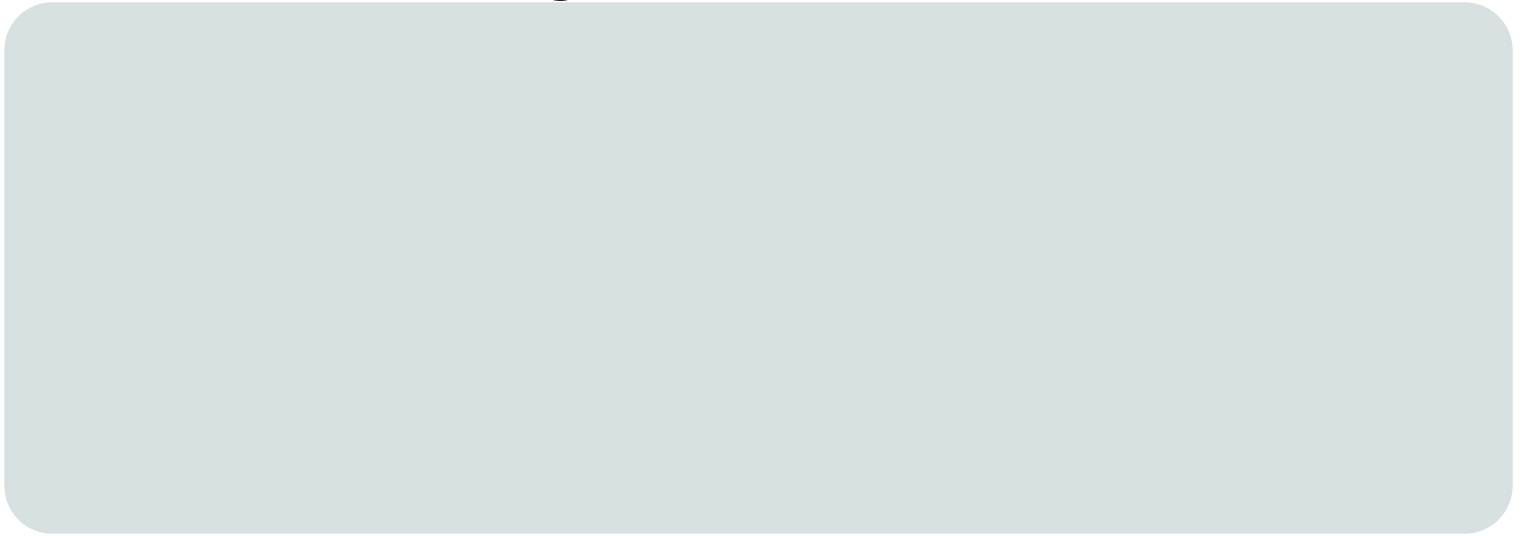
I usually have warning signs that appear before I get upset that are:



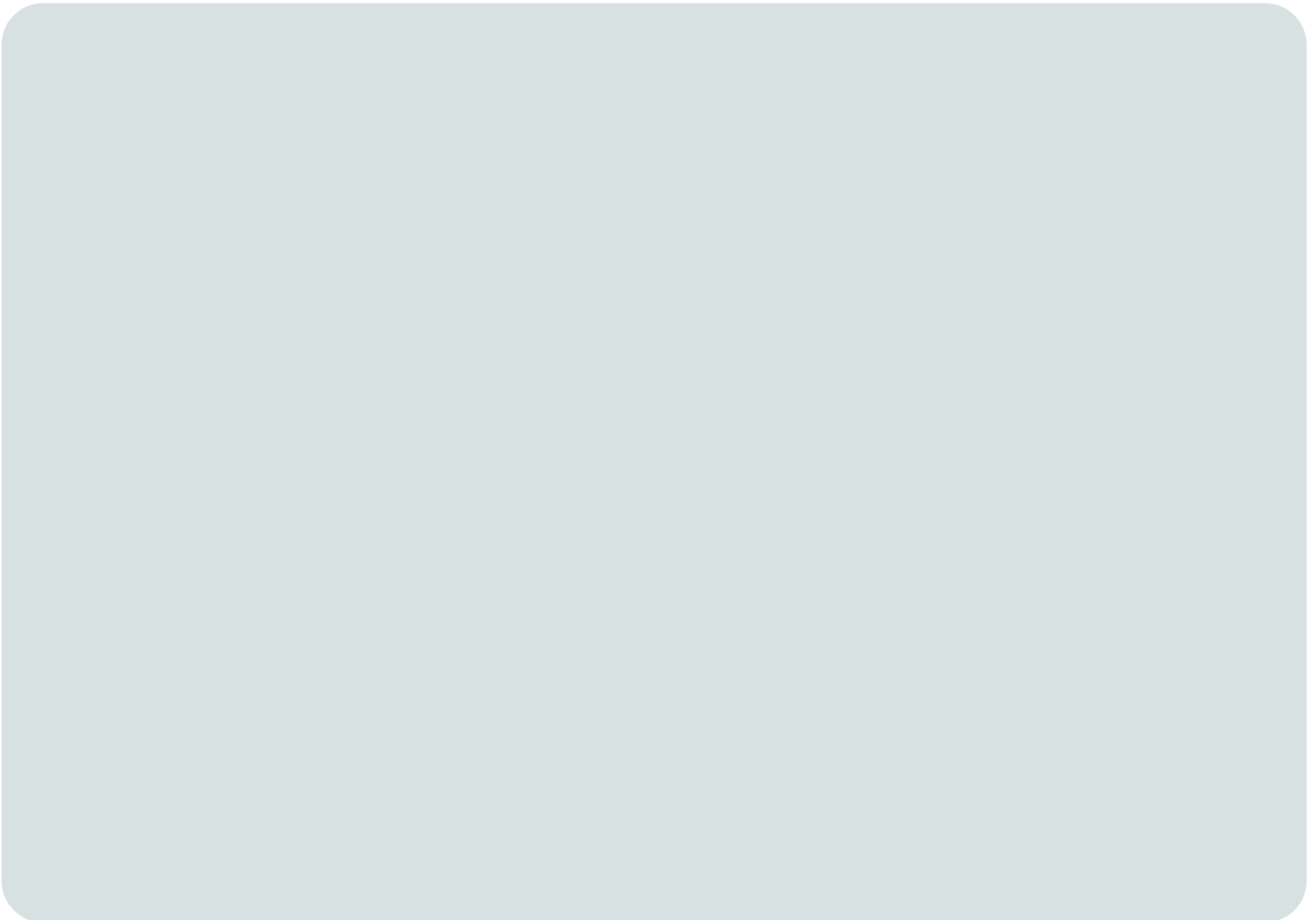
The best way to comfort me is:



I have the following medical concerns:



Some other important things to know about me are:



Thank you for getting to know more about me!