

ALL ABOUT ME!

A get to know me guide about

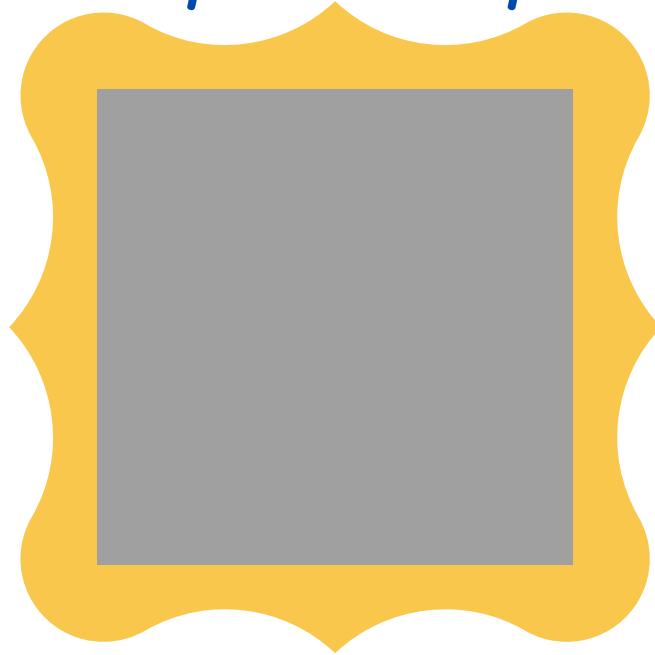


provided by



Special Education Committee

My Family



My family is very important to me. They know me best, so if you ever have any questions, please feel free to ask them.

My mom's name is: .

My dad's name is: .

I have brothers and sisters.

There names are: .

Other important people in my life are:

Name:

Relationship:

My Strengths

I have so many....

My learning style:



Visual



Tactile



Auditory

Communication:

A large, light blue rounded rectangle, likely a text input area for communication strengths.

Socialization:

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I'm also good at:

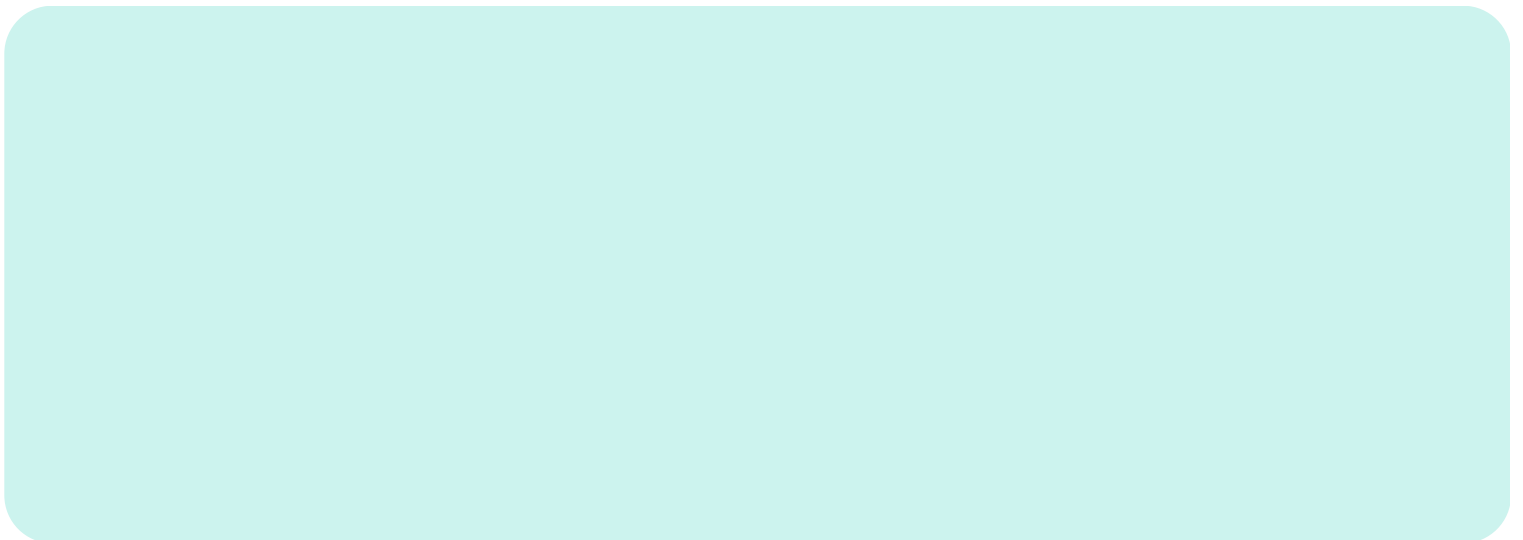
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Recent changes in my life

Change affects us all. For some of us change comes easily but for some of us, change comes with a little more effort. Here are some things that happened in my life recently that may affect how I feel:



Here are some ideas for how you can help me handle change when I may have a hard time doing it on my own



Some of my interest...

Some activities I really enjoy:

Things that interest me:

My favorite way to be recognized when I'm doing well:



My Sensory Challenges are:

SOUNDS

I usually ____avoid ____seek ____no concern

Comments:

SMELLS

I usually ____avoid ____seek ____no concern

Comments:

TASTE

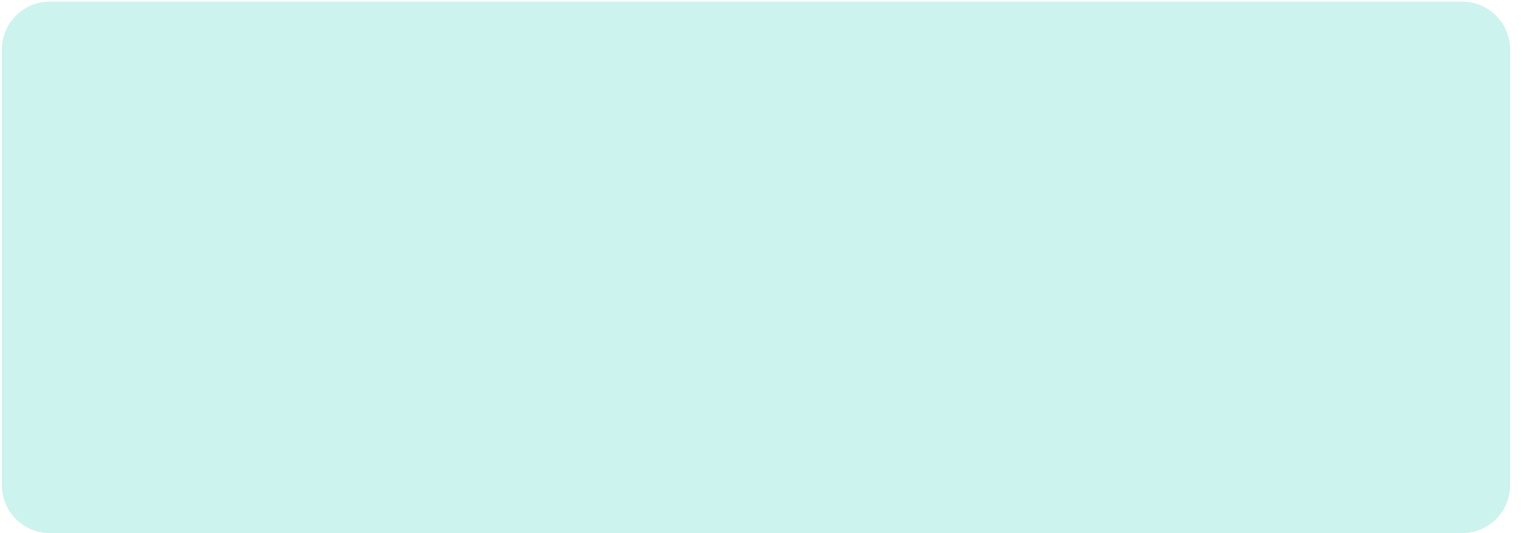
I usually ____avoid ____seek ____no concern

Comments:

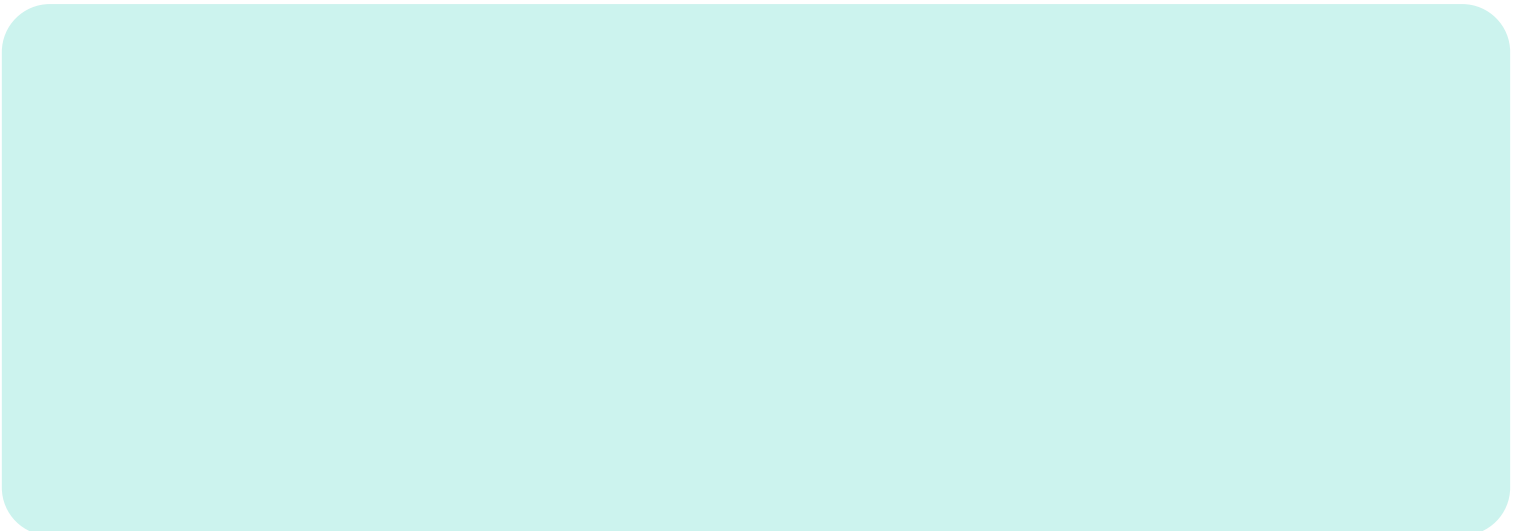
My fears are:



I usually have warning signs that appear before I get upset that are:



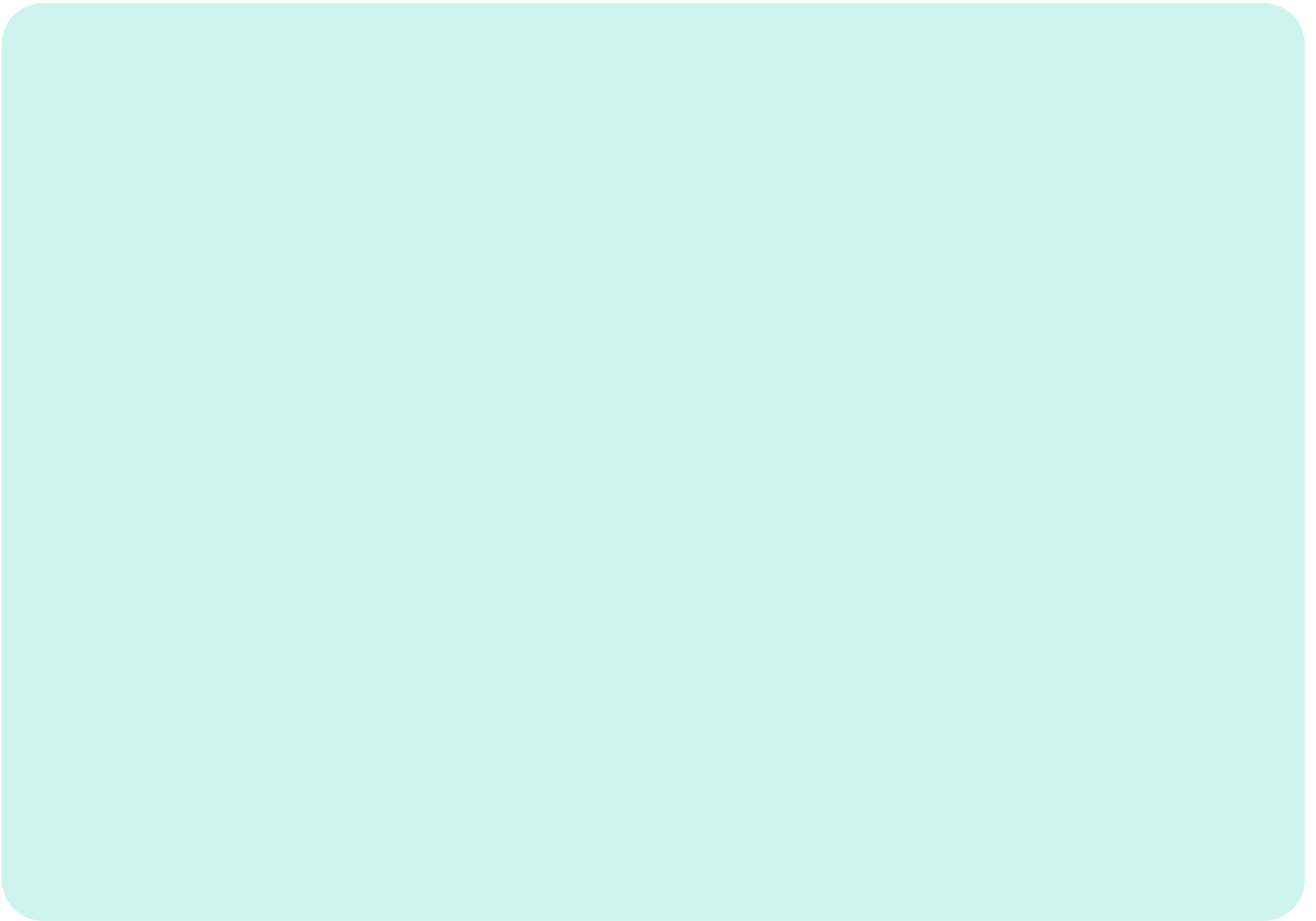
The best way to comfort me is:



I have the following medical concerns:



Some other important things to know about me are:



Thank you for getting to know more about me!